



1001 Fenton Road, Rockville, MD 20851  
301.424.8565 or www.mhamc.org

# Military Outreach Initiative



## Information and Resource Helpline of the HOPES Program




# (301) 738-7176



## We are here to help you

-  The initiative is designed to help Military families - Active, Reserve, National Guard and Veteran - find necessary resources in the community
-  The helpline can assist you in finding resources through our Specialized Information and Referral Services in The National Capital Region

## Why would you call?

-  To gain access to:
  - ♦ Mental Health Services
  - ♦ Benefit Service Information
  - ♦ Family Readiness Organizations
  - ♦ Housing Assistance
  - ♦ Financial Assistance
  - ♦ Employment Services
  - ♦ Transition Assistance

***Military Resource Line  
open Monday through Friday***

**(301) 738-7176**

For more information contact  
Nicole Laderberg,  
Military Outreach Coordinator at  
[nladerberg@mhamc.org](mailto:nladerberg@mhamc.org)

**Montgomery County Hotline  
Open 24 Hours/ 7 Days a Week  
(301) 738-2255**

**Mental Health Association of Montgomery County**

